



Your Funeral

By Shaun McGill

The name of this task probably sounds as if it will be a depressing task, it shouldn't be, well it's definitely not aimed at that. In fact it should inspire you to live the life you want people to remember you for. This task is about getting you to begin with the end in mind.

Every journey has a destination. If there is no destination then you will just be travelling round lost. It's the same with your life. If you have an exact destination of what and who you want to be then you will know how to get there. The best place to start is at the end which is why I want you to think about your funeral.

I want you to imagine being at your own funeral. I want you to think about how many people you want to have there, the people you want to have there and what these people would be saying about you. I want you to think about what they would be saying about your achievements in life and about the kind of person you were. I want you to think about the difference you have made to these people's lives.

Once you know what kind of mark you want to leave on the world and what kind of person you want to be remembered by, then you can start to act it out. You can start to be the ideal person you want to be.

For this task I want you to ask yourself the below questions for how you want to be remembered for each of these roles in your life, son/daughter, husband/wife, father/mother, aunty/uncle, cousin, friend and work colleague/business owner. If there are other roles in your life such as you help a charity, you go to church, you play in a sports team or any other role you want to be remembered for then ask yourself the same questions below for how you want to be remembered by those people. Imagine these people are standing up and speaking to everyone at your funeral about you. What would you like them to say about you?

Write down the answers to the below questions for each of the roles you want to be remembered for.

1. What achievements and contributions would you like them to remember you for?
2. What difference would you like to have made in their life?
3. What would you like them to remember about your character and personality?

This is a very important task to get you to start thinking about your purpose in life and to think about what legacy you want to leave behind. Once you figure out your purpose and how you want to be remembered you can actively begin to take steps to make that happen. Until you know your final destination you are living your life lost and hoping you will end up at a destination. By doing this task you will choose a destination so you can begin to plan the journey to get there.