



Super Sixty Goals Checklist

By Shaun McGill

This is a very simple task. Create 60 goals you would like to achieve in your life. Write the reason why you would like to achieve each goal and then go out and make them happen. The goals you set can be anything you want including buying a new car, going on holiday to a specific place, bungee jumping, sky diving, getting a six pack, getting a promotion at work or starting your own business. Your imagination is the limit for what you can achieve in your life. Once you know what you want and why you want it you can make it happen.

Most goal setting books bore you with the theory about how goals work. I'm not going to do that. I just want you to set yourself 60 goals which you really want to achieve in your life and then go out there and do them. Simple. The aim is to tick off all your goals. If you complete them then make a new list of 60 goals to complete or if after a few months or a few years you want to add more then you can. The most important thing is to make a conscious effort to achieve everything on your list. How much better will your life be if you do everything you want in life rather than just sitting round watching TV every night.

Once you have your goals written down it is far more compelling than just having them in your head. You are far more likely to seek them by writing them down. Don't worry if you don't have the money just now for certain goals, once you set a goal, life has a funny way of bringing that goal to life. You will find ways to earn the money to be able to do it if you really want it.

Lets get making your life exciting by creating your Super 60 Goals 😊

	Goal	Reason Why	Completed
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	Goal	Reason Why	Completed
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	Goal	Reason Why	Completed
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Print off this list and keep it somewhere you can read it every day so it reminds you to take action on them ☺ Have fun acting out the life of your dreams ☺